

Pilot workshop for facilitators

INTRODUCTION

Pilot workshops for trainers, facilitators, teachers and adult educators working with disadvantaged people about how to manage a Participatory Video process have been realized in each country involved in the VISTA project. The workshops have been designed around the principles of experiential learning. In each partner country a training program has been implemented in order to explain the main stages of a participatory video facilitation (how to manage a PV laboratory with disadvantaged adults, the training assignments, the use of the camera, the role of facilitators inside the group). During the workshops a wide range of techniques that enhance creativity, sharing, reflection and learning have been presented by experts. These have included games and group exercises as well as hands-on facilitation experiences, techniques of personal and group development as well as processes and a sensibility to the challenges and issues faced by vulnerable or marginalized people. 83 trainers, facilitators, teachers and adult educators in the six countries took part in the PV workshops.

The level of satisfaction has been very high. The participants particularly highlighted some aspects worth of mention: the particular approach of PV that focuses on people and their strengths; how the method affects participants (self-confidence, empowerment, achievement, creativity); the fact that the method enables participants to talk about difficult issues/life experiences; the use of the video as a simple but very interesting tool; the dynamic of the group process embedded in the PV process.

A vast majority of the participants agreed that the PV method would help them working with their target group and developing new ways of working with marginalized adults.

Below some details about the workshops realized in the different countries.

La guía se divide en 4 capítulos, que son las etapas del proceso PV:

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HP-MOS Brief Training guide for Facilitators and Trainers - UNITED KINGDOM

The 3-day course introduced understanding, designing, managing and facilitating a participatory video workshop. The course covered key aspects of participatory tools and facilitation frameworks.

The course was aimed at Psychologists, Clinical staff nurses, campaigners and researchers seeking to gain a thorough grounding in participatory video facilitation. The training technique focused principally from the participants themselves rather than from the trainer.

It focused on

- Directed discussions
- Developmental discussions
- Problem-Solving discussions



Overview of the Short Guide course for Facilitators and Trainers

The first part of the course focused on a guide on Participatory video training materials for trainers, facilitators, teachers, and adult educators.

Part 1 of the training guide focused on Participatory Video with the following:

- The use of Participatory Video for disadvantaged adults
- Model of the PV process
- The PV actors



QUOTE FROM PARTICIPANTS

One participant says, "The course allowed me to develop interactive/interpersonal skills and team building activities"

Part 2 of the training guide focused on "A Guide for the Participatory Video (PV) process" with the following:

- Group forming through narration
- From the Storytelling to the drawing up of a Storyboard
- Shooting the story/stories



QUOTE FROM PARTICIPANTS

Another participants says, "I have gained high trainer skills that are required to review and help transfer learning from one setting to another"

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ITALY

Conducted on January and February 2013, the Vista training-of-trainers workshop on Participatory Video (PV) was developed in three main training sessions:

- Application of Participatory Video process including context and uses, setting up and facilitation processes.
- Fieldwork placement, including planning for fieldwork and fieldwork with a community group in the local area
- Feedback and Reflective practices, Ways Forward, including action planning and most significant change evaluation framework.



A group of 15 young filmmakers and trainers have participated in Villa Montesca to the workshop with a deep involvement both in the theoretical and practical parts of the training.

The workshop introduced trainees to the process of facilitating a PV project and was centered around an in-depth, immersive and creative process of experiential learning. While reviewing the principles and ethics of participatory video practices and exercises, trainers and trainees alike were encouraged to be innovative in the realization of the PV process and to be sensitive in bringing out stories from participants.

Some quotes of the participants:

“I discovered PV as an innovative and highly inspirational method”

“PV is very empowering. It encourages people to experiment with their self-image and to accept it”

“ Telling stories through video....it's exciting!!!”

“To be honest, I didn't know much about PV before this workshop, now I have increased awareness of the potential uses of PV processes in different contexts and with different marginalized target groups”

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Participatory Video Pilot Workshop 3-5th January 2013 Dortmund, Germany

Our pilot workshop in Dortmund started on the 3rd January with 11 enthusiastic, greatly interested and motivated participants from mixed backgrounds. We had teachers, project leaders from adult education institutions, students, a journalist, social pedagogues and social actors from different organizations in Dortmund. We were very happy to have a real participatory video expert, Ms Lisa Glahn, as our trainer. On the first day we worked on our filming skills, learnt how to film from different perspectives to achieve different effects, where to stand, what to look out for, how to interview people, and we also watched a few films of previous participatory video projects. Later on we practiced how to work on a storyboard and how to turn our ideas into a story and into a film. We all went out in groups to make short films and then discussed them with Lisa and the group. It was very encouraging to see that although none of us came with any particular filming knowledge, there were things we were doing right, even if we were also making many mistakes. It was a great help to see how we can improve the end result with small changes. On our last day we focussed on group forming and questions of motivation, interview techniques and the special requirements of the method of participatory filming. Lisa gave us lots of practical advice on dealing with different situations and different groups, always supported by real life experiences from her own practice.



Pilot workshop for facilitators



GREECE

On November 14, 2012 completed the pilot workshop for facilitators who work with disabled people, which had a total duration of 30 hours.

The workshop began on Monday, November 5 at 14:30 in the training room of KEFIAP and implemented in 5 six-hour meetings on 5, 7, 9, 12 and 14 November. The pilot workshop presented the participatory video as a method of treatment of people with disabilities through a process of personal empowerment. The participants were 14 persons of which 11 are already working, while 4 are going to work, in the field of disability. All the participants are health professionals with expertise in the field of disability

They trained both theoretical and practical at the philosophy of application techniques of participatory video for disadvantaged adults.

The theoretical part of the training covered by the head of KEFIAP, Zoi Chantzi and the ex-president of KEKYKAMEA Dr Zoi Vourloumi, while the technical part of the training covered by the trainer of the program VISTA Theodoris Bertsatos

The theoretical part was focused on healing through art and on strengthening personal and social skills by using the method of participatory video.

The technical part was focused on the presentation and relevant training in audio and video technologies.

Important points from the evaluation are:

- Innovative and highly inspirational method
- Enhances personal and social skills such as initiative, self – esteem ,
- self-expression , cooperation
- Encourages people to experiment with their self-image and to accept it
- Need for longer training of facilitators to undertake such a program
- The team of disabled people needs the support of psychologist



Pilot workshop for facilitators



SPAIN

To introduce the method of participatory video as a useful tool in the social and labor inclusion of the long-term unemployed. With this aim, 16 ADL (Local Development Agents) from different municipalities of the region attended on 5th December 2012 the "pilot workshop for facilitators", an activity within VISTA European project in which Pater participates as a partner. Firstly, the psychologist Fortunato Tapia presented the method of participatory video as a therapeutic and integrating tool useful for its potential and its ability to improve personal and relational skills of individuals. Tapia emphasized the value of this methodology, along with other practices such as video therapy or group dynamics, that can be very effective in designing a social and labor program for long-term unemployed. Furthermore, Tapia oriented the participants in the implementation and management of workshops and group dynamics, providing them various support materials. At this point, the ADL participants showed interest in organizing workshops and activities of this type with disadvantaged groups.

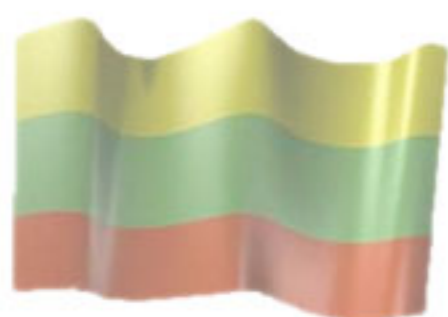


Moreover, Lluís Escartí, the responsible for Communication of Pater, dealt with the technical issues of participatory video method on the basis of the "Guide for trainers", and introducing some practical aspects to consider. The participant trainers highlighted the clarity and usability of the Guide and other supporting materials offered, which make possible to carry out a workshop on participatory video without having extensive previous knowledge of the issue.

CONCLUSIONS

- Attendees consider that the realization of workshops and practical activities such as participatory video workshop is very useful within an extensive social and labor program.
- Workshops and group dynamics reinforce personal issues like self-esteem and confidence, often badly damaged in disadvantaged groups such as long-term unemployed people. According to ADL, these qualities are necessary in an active search for employment.
- The PV method can be very useful because it is very well structured, has very marked stages and concludes with the collective realization of a final product.
- The trainers guide provided by the VISTA project, other support materials and the information available on its website are very useful for organizing and conducting a PV workshop. These provide all necessary information.

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LITHUANIA

Pilot workshop in Vilnius was held on the 7th - 8th of January. The goal of workshop was to introduce Participatory Video as a method in Lithuania. Participatory video expert Ms Lisa Glahn (Germany) was invited as a lector. The training technique focused on the general information of PV method presentation.



Before the workshop:

All registered participants got PV training materials. On the 6th of January, an informal meeting was organised: potential coaches directly working with Roma groups met with expert. The meeting was held to discuss important topics:

How to motivate Roma to participate in filming

- Possible benefits of the project
- The criteria that should be taken when working with a trainer in the target group.

PV workshop technical issues

- Pilot workshop time - 16 hours.
- Number of participants – 16.

• Organisations-participants: Lithuanian Children's Fund, Center for Equality Advancement, Lithuanian Young Falcon Union, SOPA - social support, Roma Community Centre, Lithuanian Gypsy Association "Gypsy Fire," Tim & Co Studios, Psychological Counseling and Psychotherapy Center In Vito, Roma Integration House



Target group:

Experts who have extensive working experience with disadvantaged adults have been selected and invited to the Pilot workshop .

Most of participants work with economically inactive people, often with lack of skills and work motivation. Economical inactivity relates to poverty and the possibility of placing the social divide. Roma people are representatives of such group.



Access to new working methods is very important for both the professionals and their clients. Participants expressed interest to PV, were active during sessions. We hope they will widely use PV as innovative method.

During the workshop the participants learned to shoot, what to pay attention at, how to conduct interviews; Few movies from earlier PV projects were demonstrated and discussed. Participants practiced in creating storyboard, learnt how to turn ideas into the story and then into the movie. Participants shared their short films and discussed them with Lisa Glahn and all the group.